

Waterless Spa Class

Taught by Director Carla Hoots

w/ added information by Sr. Director Sherry Hanes & Dir. Gloria Corn

You will need the following things:

- Two large wet & hot hand towels per person—one for each foot
- Two wet & hot facial cloths per person
- Two large pedicure bags per person—one for each foot (or saran wrap to wrap feet)
- Two clips per person to hold the bags around the ankle
- Satin Hands Set
- Mint Bliss Foot & Leg Cream
- Whatever you want to demo/cover while you have a captive audience—Suggestions: Ultimate Miracle Set (can do hand facial or on the face), MK business opportunity information, collection preview, etc.
- Two trash bags or 1 trash bag & 1 laundry bag
- Brochures, sales tickets, hostess packets, recruiting packets, profile cards, pens, etc.
- Clear or White plastic shower liner or table cloth to place on floor to protect from water

Instructions:

- Towels & facial cloths should be wet & then hot in some way. Ideas: (1) Wet, fold, microwave, wrap tightly in foil & put in large insulated bag, (2) Wet, fold, wrap tightly in foil, bake in oven until hot & put in large insulated bag (3) Wet, roll up like tootsie roll & put in crock pots.
- Do one foot at a time in the following way:
- (1) Have each guest apply Extra Emollient Night Cream & Satin Smoothie Scrub to her foot (Tip: Explain to the guests that the Satin Smoothie will be gritty as it is an exfoliate.)
- (2) Give her a nice warm but not too hot hand towel to wrap up her foot (Tip: Have her lay the towel long ways from her toes to her heels and pull up around ankle.)
- (3) Put large pedicure bag over the towel, pull around ankle & clip. (or use saran wrap and wrap each foot)
- Repeat the above instructions with the other foot.
- Give each guest 1 warm facial cloth to wipe her hands on.
- Now you have a captive audience to show & tell other products, show Imagine the Possibilities DVD or cover business opportunity information.
- After about 20-30 minutes, again one foot at a time, have each guest to unclip & remove the plastic bag, wipe off their foot with the towel, & apply Mint Bliss Energizing Lotion for Feet & Legs to her foot. Collect Bags & Towels in your bags. Repeat with the other foot.
- Have each guest now apply Extra Emollient Night Cream, & Satin Smoothie Scrub to her hands.
- Give each guest the last warm facial cloth and have remove the Night Cream & Scrub.
- Give each guest Hand Cream
- Close your Waterless Spa Class & schedule the next appropriate appointment for each guest. (i.e. If you did Ultimate Miracle Facial or Hand Facial during this appointment, the next appropriate appointment would be the Create-A-Color Look Appointment. You could do her Create-A-Color Look and pamper her guests with a Waterless Spa & Hand Facial. Get creative and keep it going!)
- Be certain to turn off any crock-pots if used.

I suggest you pamper yourself first before you hold your waterless spa event so you will know exactly how wonderful this feels and can explain exactly what each guest will be experiencing personally. Gloria